

LES CLASSICS

FRENCH TOAST (V) \$14
CINNAMON VANILLA FRENCH TOAST,
FRESH FRUITS, SOUR CREAM,
MAPLE SYRUP - 440/485 Cal

STEEL CUT OATS (V)
OATMEAL, GOLDEN RAISINS
WITH MIXED BERRIES - 220/270 Cal **\$13**
WITH BANANA & ALMONDS - 305/355 Cal **\$12**

FRESH FRUIT SALAD (V) \$7
70 Cal

YOGURT PARFAIT (V) \$10
ORGANIC LOW FAT YOGURT PARFAIT
FRESH FRUIT COULIS & GRANOLA - 345 Cal

NUTELLA WAFFLE (V) \$12
WAFFLE, NUTELLA, BANANA,
STRAWBERRIES - 450 Cal



LES SIDES

AVOCADO (V) - 130 Cal \$4

TOMATO (V) - 10 Cal \$3

BACON - 160 Cal \$4

SMALL MESCLUN SALAD (V) - 60 Cal \$5

SMOKED SALMON \$12
SMOKED SALMON, RED ONIONS,
CAPERS - 170 Cal



BREAKFAST

WINTER 2020
7AM-11:30AM*

LES ŒUFS

EGG ANY STYLE (V)* \$10
TWO ORGANIC EGGS SUNNY-SIDE UP,
SCRAMBLED, OR SOFT BOILED,
TOAST - 320 Cal

**With smoked ham - 90 Cal ADD \$5.50*

**With smoked salmon - 135 Cal ADD \$8*

**With bacon - 160 Cal ADD \$4*

MUSHROOM & EGG COCOTTE (V) \$14
ORGANIC POACHED EGG,
MUSHROOM STEW, TOAST - 300 Cal

AVOCADO & EGG (V) \$14.50
AVOCADO, FETA CHEESE, SALSA VERDE,
RED ONIONS ON QUINOA BREAD
WITH TWO ORGANIC EGGS
ANY STYLE - 450 Cal

CROISSANT HAM & EGG \$13.50
SCRAMBLED EGGS, SMOKED HAM,
GRUYÈRE CHEESE, MORNAY SAUCE - 560 Cal

LES TARTINES

Open-faced sandwich on our freshly baked Sourdough Bread

ASPARAGUS & EGG (V) \$16
SCRAMBLED EGGS WITH TRUFFLED
GREEN ASPARAGUS
& GRUYÈRE - 535 Cal

SAUSAGE & EGG \$16
SWEET SAUSAGE, SCRAMBLED
EGGS, CARAMELIZED ONIONS, RED
PEPPERS, PESTO & GRUYÈRE - 790 Cal

BACON & EGG \$15.50
SCRAMBLED EGGS, BACON, MORNAY
SAUCE & GRUYÈRE - 655 Cal

SHAKSHOUKA TARTINE (V) \$14
OVEN-BAKED SPICY TOMATO AND
PEPPER STEW, FETA, ORGANIC
SUNNY-SIDE UP EGG, CILANTRO - 440 Cal

CROQUE-MADAME \$16
SMOKED HAM, MORNAY SAUCE & GRUYÈRE,
ORGANIC SUNNY-SIDE UP EGG - 545 Cal

SMOKED SALMON \$16.50
SMOKED SALMON, CRÈME FRAÎCHE,
ORGANIC SUNNY-SIDE UP EGG, CAPERS,
RED ONIONS - 505 Cal

FROM THE BAKERY (V)

CROISSANT - 230 Cal \$4.10

PAIN AU CHOCOLAT \$4.60
CHOCOLATE CROISSANT - 290 Cal

ALMOND CROISSANT - 540 Cal \$5.25

CHOCOLATE ALMOND CROISSANT \$5.50
595 Cal

PAIN AUX RAISINS \$4.80
RAISIN SWIRL - 350 Cal

PLIÉ AU CHOCOLAT \$5.00
CHOCOLATE & CUSTARD CROISSANT - 450 Cal

BRIOCHE
PLAIN - 260 Cal **\$3.70**
SUGAR - 280 Cal **\$3.90**
DARK CHOCOLATE - 310 Cal **\$4.10**
WHITE CHOCOLATE - 450 Cal **\$4.80**
WHITE CHOCOLATE & PECAN - 500 Cal **\$5.10**

BAGUETTE TARTINE \$5
SERVED WITH BUTTER & JAM - 310/415 Cal



LES BASKETS (V)*

CROISSANT \$12.50
CROISSANT, PAIN AUX RAISINS
PAIN AU CHOCOLAT - 870 Cal
WITH BUTTER & JAM - 105 Cal

BREAD \$5.50
DAILY SELECTION OF
FRESHLY BAKED BREAD - 320/540 Cal
WITH BUTTER & JAM - 105 Cal

**Subject to change per baking schedule*



(V) VEGETARIAN DISH

OUR JUICE SELECTION

ORANGE JUICE \$4.75/\$5.50
150/200 Cal

GRAPEFRUIT JUICE \$4.75/\$5.50
130/175 Cal

ASK FOR OUR DAILY SELECTION \$7.00

PINEAPPLE MINT - 180 Cal

APPLE CUCUMBER - 125 Cal

GREEN JUICE - 140 Cal

CARROT GINGER - 140 Cal

TANGERINE - 160 Cal

COLD BEVERAGES

HOMEMADE LEMONADE - 50 Cal \$3.75

ARNOLD PALMER - 10 Cal \$3.75

EVIAN - 0 Cal \$3.50/\$5.50

PERRIER \$3.50/\$5.50
NATURAL SPARKLING WATER - 0 Cal

COCA-COLA, DIET - 0/100 Cal \$3

BAKED GOODS

DUO COOKIE \$4.15
MILK & DARK
CHOCOLATE COOKIE - 420 Cal

**PISTACHIO & WHITE
CHOCOLATE COOKIE \$4.15**
390 Cal

DARK CHOCOLATE COOKIE \$4.15
385 Cal

**MACADAMIA & MILK
CHOCOLATE COOKIE \$4.15**
420 Cal

OATMEAL COOKIE \$4.15
340 Cal

TOUT CHOCO COOKIE \$4.15
FLOURLESS & DAIRY FREE
DARK CHOCOLATE COOKIE - 280 Cal

MADELEINES \$5.70
PLAIN OR
CHOCOLATE - 440/460 Cal

FINANCIER \$5.50
BLUEBERRY, PLAIN, RASPBERRY,
PISTACHIO OR CHOCOLATE - 300/325 Cal

BROWNIE \$5.50
DARK CHOCOLATE
WITH PECAN NUTS - 510 Cal

THIN CRUST APPLE TART \$6.65
350 Cal

PALMIER \$4.50
390 Cal

CANELÉ \$3.75
240 Cal

TEAS & CHOCOLATE

BIG BEN \$4.25
ENGLISH BREAKFAST - 0 Cal

THÉ DES LORDS \$4.25
EARL GREY - 0 Cal

THÉ VERT \$4.25
LONG JING GREEN TEA - 0 Cal

BRAZILIAN DETOX \$4.25
GREEN TEA, ACAI, GUARANA,
PASSION FRUIT - 0 Cal

THÉ DU HAMMAM \$4.25
GREEN TEA, BERRIES, ROSE,
& ORANGE BLOSSOM - 0 Cal

ROOIBOS VAHINÉ \$4.25
ALMOND & VANILLA - 0 Cal

THÉ À LA MENTHE \$4.25
HERBAL MINT TEA - 0 Cal

CHAMOMILE \$4.25
HERBAL TEA - 0 Cal

ICED TEA - 0/12 Cal \$4.25

MATCHA LATTE - 35/140 Cal \$5.50

CHAI LATTE - 105/135 Cal \$5.00

ICED CHAI LATTE - 105/135 Cal \$5.25

HOT CHOCOLATE - 160/215 Cal \$4.50

ICED CHOCOLATE - 160/215 Cal \$4.95

Hot beverages are served with a mini-financier - 30 Cal

CAFÉ GOURMAND

A Parisian Signature

\$9.50
SELECTION OF MINI
DESSERTS SERVED WITH
AN ESPRESSO OR
AN AMERICAN COFFEE - 260 Cal

COFFEES

COFFEE - 0 Cal \$3.55
ESPRESSO S/D - 0 Cal \$3.80/\$4.30
AMERICANO - 0 Cal \$4.00
LATTE - 50/80 Cal \$4.80
CAFÉ AU LAIT - 20/35 Cal \$3.55
MACCHIATO - 1 Cal \$3.80
CAPPUCCINO - 40/70 Cal \$4.80
MOCHACCINO - 85/115 Cal \$5.00

ICED COFFEES

COLD BREW* - 0 Cal \$4.60
DRAFT COLD BREW* - 0 Cal \$4.75
NITRO COLD BREW* - 0 Cal \$5.75
ICED LATTE - 70/120 Cal \$4.95
ICED CAPPUCCINO - 60/105 Cal \$4.95
ICED MOCHACCINO - 115/145 Cal \$5.95
ICED AMERICANO - 0 Cal \$4.25

** Only available at select locations*